

# THE FOOD COMPANY

## Boxed Lunch Menu



www.foodcompanynashville.com

**Boxed Lunches:** *Includes dessert and potato chips\**

### **Food Company Boxed Lunch**

\$11.95 per person

#### **Choice of:**

Tarragon Almond Chicken Salad Sandwich  
Herb Roasted Turkey w/Sharp Vermont Cheddar, Lettuce, Tomato, Red Onion, Dijon & Mayo  
Roast Beef on Sourdough w/Sharp Vermont Cheddar, Lettuce, Red Onion, and Horseradish- Chive Mayo  
Hickory-Smoked BLT w/Mayo on Farm Bread  
Veggie Sandwich w/Low-fat Artichoke Spread & Provolone Cheese on Multi-grain  
Bacon Almond Cheddar Spread w/Lettuce & Tomato on Sourdough  
Egg Salad w/Lettuce & Tomato on Multi-grain  
The Food Company Salad w/Spiced Pecans, Cucumber, Red Onion & Avocado w/Raspberry Vinaigrette

### **Ultimate Boxed Lunch**

\$13.45 per person

#### **Choice of:**

Ultimate Club w/Turkey, Ham, Bacon, Sharp Cheddar, Lettuce, Tomato, Red Onion, Avocado, Mayo & Dijon  
Herb Roasted Turkey on Sourdough w/Low-fat Artichoke Spread, Baby Spinach & Roasted Red Peppers  
Ham & Jarlsberg Cheese w/Pesto, Tomato, Baby Spinach & Red Onion on Sourdough  
Tarragon Almond Chicken Salad on a Tortilla w/Avocado, Sprouts & Mayo  
Southwestern Spinach Salad w/Herb-Roasted Turkey, Avocado, Toasted Pepitas, Red Onion, Cumin Croutons, Black Bean & Roasted Corn Salad w/Red Chili Honey-Lime Vinaigrette  
Low-fat Turkey Caesar w/Cumin Croutons & Parmesan in a Yogurt-Caesar Dressing  
The Team Room Salad w/Tarragon Almond Chicken Salad, Fresh Fruit, a Side Food Co. Salad & Muffin

### **Enhancements for Boxed Lunches:**

Additional \$1.75 per Boxed Lunch

#### **Choice of:**

Pesto Penne w/Sun-dried Tomatoes  
Fresh Asparagus Orzo w/Low-fat Artichoke Sauce  
Low-fat Broccoli Salad w/Mandarin Oranges & Toasted Almonds  
Fresh Fruit w/Honey-Lime & Mint Dressing  
Black Bean and Roasted Corn Salad

*\*You may substitute any of the above Enhancements for the Chips for an additional \$.75*

*\*Please note that cookie and chips flavors are randomly selected unless otherwise noted.*

### **Buffet Lunches:**

*Priced per person  
6 person order minimum*

### **Sandwich Sampler:**

\$12.95

#### **Includes:**

Platter of Assorted Sandwiches Cut in Half  
(Chicken Salad, Turkey, Roast Beef, Veggie)  
Bowl of Pesto Penne Pasta Salad  
Choice of Fresh Fruit Bowl OR Low-fat Broccoli Salad

### **Salad Sampler:**

\$14.85

#### **Includes:**

Platter of Tarragon Almond Chicken Salad in Lettuce Cups  
Bowl of Asparagus Orzo w/Low-fat Artichoke Sauce  
Bowl of Fresh Fruit w/Honey-Lime & Mint Dressing  
Choice of Low-fat Broccoli Salad OR The Food Company Salad  
Basket of Fresh Muffins  
Assorted Dessert Platter

### **DON'T FORGET YOUR TEA PUNCH!**

**\$9.95 per gallon, serves up to 6pp**

### **Ordering:**

*Please note that there is a \$100 minimum on delivery for boxed lunches. We are happy to package smaller lunch orders for pick-up.*

*Disposable plates, napkins & flatware are \$1pp.*

**\*\*\*All orders require 48hour notice\*\*\***